## ELA LAC meeting Kent ISD 9/8/14 Mindset - What is it and why should I care?

Learning Targets:

- I will be able to define fixed and growth mindset.
- I will have some ideas about how to use my learning in my work.

Video/Discussion

<u>The Power of Belief- Mindset and Success: Eduardo Briceno at TedX Manhattan</u> Beach

- Stop 1 (3:24)- **Turn and Talk** What surprises you? In what ways does this fit with your experience?
- Stop 2 (4:42) **Think about** the kind of feedback students most often receive. Is it focused on product or process?
- Stop 3(8:30) **Standing conversation** Find someone with whom you haven't talked. Discuss what this research might mean for your interaction with teachers, administrators, students and colleagues.
- End **Share a key point** from the video.

## Resources

Academic Mindsets Assessment (online assessment) Mindset- Carol Dweck site PERTS - An applied research center at Stanford University

## Articles/videos

Article: <u>"I can't do it." "Yet."</u>

Article: Growing a Mindset with the Right Words

Article: New Research: Students Benefit from Learning That Intelligence Is Not Fixed

Article: <u>How to Expel Hurtful Stereotypes from Classrooms across the Country</u>

Article: Researchers: If students believe they can get smarter, they often do

Article: 'Growth Mindset' Gaining Traction as School Improvement Strategy

Article: <u>Flummoxed by Failure—or Focused?</u> It's not about being smart. The key to getting past unsuccessful moments is a flexible view of learning

Video and article: Salman Khan on mindsets

Book excerpt: <u>How Praise Can Harm</u>